

HICKORY MIDDLE SCHOOL CHEERLEADING TRYOUT INFORMATION

Tryouts for the Hickory Middle School Cheerleading squad will be held in the HMS main gymnasium on June 3-6: (optional clinic on Friday, May 31st after school until 6:30 for \$25)

- Fifth grade students should be dropped off at the main entrance to HMS promptly at 3:45, no earlier. They should be dressed and ready for the clinics, as they will not have access to any lockers or the locker room. They will remain at the entrance until escorted into the gym.
- Sixth and seventh graders need to use their PE lockers and be dressed and ready in the gym by 3:45 daily.

Instructional clinics/tryouts

June 3, 4 and 5 until 5:30

Final Tryout selections

June 6 until 6:00 PM

(Please pick students up outside in the cul-de-sac **promptly** after practice.)

You will need the following for the cheer clinics:

1. A white t-shirt/tank with sports bra (a tryout number will be issued and you will be required to wear it with a white shirt each day)
2. Black shorts on the day of selections (color of your choice on the other days)
3. Laced tennis shoes and socks daily
4. Hair up in a ponytail
5. Bottle of water daily with your name written on it

Clinics and tryouts are **closed** to the public. Students **MUST** attend school on clinic and tryout days in order to participate. Parents are reminded that they need to wait outside the building during clinics and for pick-up.

Tryout Session, Thursday, June 6th will also be closed. Parents should plan to pick their child up around 6:00, but no cheerleader will be dismissed until all tryouts and callbacks are completed. Results will be issued at that time via a letter and their tryout rubric.

CRITERIA FOR TRYOUTS

In order to try out for cheerleading, students must meet the following criteria:

1. Student must maintain a 2.0 GPA.
2. Students must be in good standing in regards to attendance and behavior.
3. Each student must complete and return "Cheer TRYOUT Packet" on or before Thursday, May 30th. There will be a box in the front office at HMS for your packets.
4. The administration shall make the final decision regarding student participation in tryouts.
5. Physical on file prior to try-outs (physicals will be given at HMS on May 13th) ** Physicals must be dated after May 1, 2018. **

Hickory Middle School

Cheerleader Expectations

1. A HMS cheerleader is expected to show enthusiasm, good sportsmanship, leadership, showmanship, and good character.
2. A HMS cheerleader is expected to maintain a 2.0 GPA and proper conduct at all times.
3. A HMS cheerleader is expected to attend all cheering practices and games. They must be available to attend August camp, Monday through Thursday after-school practices, and all school games they are assigned. The season begins in August and ends in February. **HMS cheering obligations must come before competitive cheer obligations or other activities. This is a team sport and the entire team counts!**
4. **Tentative summer dates: Aug __21st and Aug 26th _____**
5. A HMS cheerleader is expected to meet the financial obligations of the squad. Although the school provides the use of the basic cheerleading uniform, the purchase of additional personal items will be necessary. Should a candidate make the cheerleading squad, the cheerleader must be prepared to pay the following before the end of this school year:

Cheer Bag	20
Camp clothes (2 outfits/bows)	80
Turtleneck, spanx, pants	
Etc.	50
<hr/>	
Approximate TOTAL	\$ 150

In addition, each cheerleader will need cheer shoes (specifics will be announced at cheer parent meeting), no-show socks, cheer jacket (ordered in August additional-\$50-\$60), black gloves, and clear rain poncho.

6. Cheerleaders and parents will also be assigned to committees to help promote school spirit and support.

NAME _____ Current School _____
HOMEROOM _____ GRADE _____

CHEERLEADING CHECK OFF LIST

Please check off each item as you complete the packet. Put the items in the following order and staple them together. You need to turn them into the Hickory Middle School office or Room 310 by May 30, 2019.

You will need to return only these pages in your packet:

_____ **THIS COVER LETTER SIGNED**

_____ **COMPLETED CMSL PHYSICAL FORM (physical information must be on this form)—available at HMS or online at www.cpschools.com . Must be received by May 30, 2019.**

_____ will be given at Hickory Middle on May 13th at 6 PM for \$15 cash only
_____ already on file with Mr. Black, Athletic Director of HMS (if on file please note that a *new physical is required EACH* year dated after May 1, 2019)

_____ **Cheer Clinic** Friday, May 31st from 3:30-6:30 PM at HMS **\$25** pre-registration included, please make checks out to HMS (optional participation)

_____ **CHEERLEADING TYROUT FORM** (top completed)

As the parent of _____, I have read all of the information regarding tryouts and participation on the Hickory Middle School Cheerleading Squad. I understand that the coach and the administration plan to follow all of the rules presented by Chesapeake Public Schools Athletic Department.

_____ date _____
Parent/Guardian Signature

_____ date _____
Student Signature

Please submit this packet to the HMS office or room 310 by 3:30 by May 30, 2019

GOOD LUCK!
Coach Spiva

CHEERLEADING TRYOUT FORM

_____ (will be issued at tryouts)

NAME _____ Current Grade/School _____

Home/cell phone _____ Homeroom teacher and room _____

DO NOT WRITE BELOW HERE! DO NOT WRITE BELOW HERE!

Skill	Expert	Advanced	Average	Below Average
Tumbling (assessed at clinics)	*Round-off- back-handspring w/... *Tuck *full *lay-out, etc.. Tumbling experience evident (10 pts)	*Round-off-multiple back-handsprings *standing tuck tumbling experience evident (8 pts)	*Round-off, back-handspring only *standing back-handspring (5 pts)	Round-off only (1 pts)
Stunting (assessed at clinics) _____ position	Displayed skill and strength with stunting; shows experience with stunting (6 pts)	Displayed ability to stunt with instruction; shows strength; was able to stunt within a group (4 pts)	Showed some ability to stunt, but lacks strength. (2 pts)	Lacked strength to stunt. Was unable to grasp skills necessary to stunt. (1 pt)
Jumps Toe-touch Herkie Pike (assessed at clinics)	(4 pts each) 9—3 form/height Expert form Folded form 9	(3 pts each) 8—4 form/height Advanced Folded form 8	(2 pts each) 8—4 form/height Advanced Folded form 7	(1pt each) Lacks form/height Lacks form Lacks height
Dance	Shows experience through attitude, has rhythm, timing, dance memorized without looking around (8 pts)	Displays rhythm and timing; appears to know dance from memory (6 pts)	Average rhythm and timing; looks around during dance for cues (3 pts)	Poor timing and rhythm (1 pt)
Motions	Exceptional placement and tight execution; performs cheer/chant correctly (8 pts)	Above average placement and execution; somewhat tight; cheer/chant performed without error (6 pts)	Average placement and but lacks tight execution; performed with few errors (3 pts)	Poor placement and execution and placement; unable to perform without errors (1 pt)
Projection	Loud voice (6 pts)	Average voice (4 pts)	Below average voice (2 pts)	Unable to project voice (1 pt)
Showmanship	displayed spirit, facials, show experience (4 pts)	displayed some spirit and some facials (3 pts)	Displays either facials or spirit (2 pts)	Lacks spirit and appears afraid (1 pt)

TOAL POINTS _____ CUT OFF TO MAKE SQUAD _____